



UPTON HEATH C OF E PRIMARY SCHOOL

PE AND SPORTS PREMIUM ACTION PLAN 2025-26

Total funding allocated: £19,590

Vision: The **DfE vision for Primary PE and Sport Premium** is that 'all pupils leaving primary school will be physically literate and have the knowledge, skills and motivation necessary to equip them for a healthy, active lifestyle and lifelong participation in physical activity and sport'.

Objective: To achieve self-sustaining improvement in the quality of PE and sport in primary schools against 5 key indicators:

1. the engagement of all pupils in regular physical activity – kick-starting healthy active lifestyles
2. the profile of PE and sport being raised across the school as a tool for whole school improvement
3. increased confidence, knowledge and skills of all staff in teaching PE and sport
4. broader experience of a range of sports and activities offered to all pupils
5. increased participation in competitive sport

Academic Year: 2025-26			Total Funding Allocated: £19,590
Key indicators for improvement and focus:			Cost linked to action
Intention	Aims and actions to achieve	Intended Impact	
Area 1 The engagement of all pupils in regular physical activity – kickstarting healthy lifestyles. The Chief Medical Officer guidelines recommend that all children and young people aged 5 to 18 engage in at least 60 minutes of physical activity per day, of which 30 minutes should be in school.	Encourage more active participation of children in physical activity at playtimes on the playground and school playing field. Key Actions: • Zoned areas and equipment to be set up. • Support for lunch supervisors to assist children in engaging with physical games and activities at playtimes • Employment of a lead supervisor to coordinate lunchtimes • Continued repair and maintenance of large play equipment such as trim trails and climbing walls. • Keeping a stock of consumable play equipment in good condition and replacing as required (balls, rackets, skipping ropes etc) • Maintenance of the allotment raised beds • Maintenance of the wooded areas, to allow children to use these safely for physical activity • Y5 Pupil play leaders to be trained so that they can plan and deliver activities for KS1 children at lunchtime. • Y5 and 6 Sports Ambassadors trained to plan and coordinate sporting activities. • Pupil voice used to evaluate the effectiveness of the activities and games provided at playtimes. • Sponsored events such as running that all children can take part in, at their level.	More enticing activities for the children to engage with at playtime. Children utilise play equipment very well and choose to engage in physical activity at playtime. Less arguments and disagreements over break times – positive playtimes for all children. Play leaders to provide structured and enticing activities for KS1 children to engage with. Sports Ambassadors in years 5 and 6 provide intra-school competitions and personal challenge activities for children on the KS2 playground at lunchtimes. Pupil voice used to tailor our provision to what the children need.	Servicing and maintenance of large equipment Maintenance of the raised beds and materials/equipment such as soil, seeds, trowels, water butts and watering cans. Replacement of small play equipment as and when needed. 5 a day fitness website £380 Staff training. Jan 2026 set of 6 balance bikes for EYFS £210 Set of 3 ramps £305 Oct 2025 Football goals £209.98 Bibs £20.99 Playground Equipment: Autumn £546.95 Spring £530.98 APRIL 2026 £406.80 for sports day and summer PE lessons.

	- Challenges for all children to take part in, in classes and year groups, such as 'Jump into June' 5 a day online fitness resource used in classrooms - Allotment used to enrich our outdoor environment and encourage a love of the outdoors and nature – and being physically active in order to tend to the allotment.		Cost of plastic barriers so that children can play football all year round £1250 Beginning the Opal Play programme: cost this year £5000 Gazebo for shade during athletics events: £120 14/07/26 Upton Heath Sports Team tshirts (uniformity) £131.40
Area 1	To promote swimming as a form of exercise and life skill. Key actions: - Years 4 and 5 classes to take part in a 6 week unit of swimming lessons. - Year 6 top up swimming lessons for any children who do not meet the NC standard of being able to swim 25m. - Years 4, 5 and 6 classes to take part in life saving and safety lessons at the pool.	Promote a love of swimming Increase water confidence Ensure our pupils know how to be safe when near or in the water Enable children who do not have experience of swimming outside of school to learn how to keep afloat and to swim.	Top up swimming programme for Year 6. Two year groups (4 and 5) completing half a term of swimming lessons this year including water safety.
Area 1	To develop active nurture provision for vulnerable pupils. Key actions: - Inclusion of physical activity into nurture provision - Healthy lifestyle reminders e.g. healthy snack and drinking water - Planned opportunities for physical activity such as sensory circuits and inter school activities/festivals.	Increased interest in physical activity. Positive engagement and behaviour in physical activities	Staff for lunch club: £4800 Staff for breakfast club:£2500

	● Lunch club available every day for children who find the experience of being in large groups overwhelming. ● Breakfast club for vulnerable children. ● The allotment area		
Area 1	To ensure provision of extra-curricular activities for reluctant participants in order to increase their engagement in physical activity and sport. Key actions: ● Assess activities already offered ● Arrange additional or alternative sports related clubs and identify staff to lead ● Implement activities ● Assess pupil uptake and involvement at regular intervals throughout the year. ● Work in partnership with local high schools to provide mutually beneficial activities for our primary pupils and the high school PE students (as sports coaches) ● Personal challenge activities and house competitions organised to engage all children ● Bikeability training offered to Year 5 children to improve safety on the roads and / or teach non riders to ride a bike. ● Balance bike training for KS1 children	Children are more pro-actively engaged in sporting activities and become keen to try more. Increased number of children become confident cyclists and use their bikes outside of school.	Supply teacher costs: 8th Oct AM: Touch Rugby Y3/4 9th Oct AM Touch Rugby Y5/6 20th Jan AM Sportshall athletics Y5/6 11th Feb PM Y3/4 Netball comp 12th Feb PM Y5/6 Netball comp 16th March (PM) Cross Country 25th March (AM) Girls' football tournament 30/04/26 cover for LS – KS1 cricket event AM 22/04/26 cover for LS (mini kickers KS1 event) AM 28/04/25 whole day supply Y3 football at Moss Farm 20/05/26 (AM) supply cover for SEND tennis event and pickleball Balance Bike training for EYFS and Y1: £315

			Two TA s took a group of children to a tenpin bowling event on 6th November (AM) 19/6/26 22/6/26: supply cover for BH (in lieu of sports clubs and weekend events) 06/07/26 - Claire Barker supply cover all day in lieu of sports clubs. 07/07/26 supply cover for BH half a day – athletics competition. 08/07/26 supply cover for BH (football finals) Half a day 13/07/26 half a day supply cover for BH – flag football event
Area 2: The profile of PE and sport being raised across the school as a tool for whole school improvement	Reorganisation of sports resources to ensure they are suitably accessible in lessons. KEY ACTIONS: ● Identification of which resources need to be stored in which area of the school e.g. for hall based PE sessions or for outdoor games – field and playground. ● Ensuring that storage facilities are adequate (looking to expand our storage facilities)	Appropriate equipment is used for lessons as it can be easily found and accessed. Resources have increased longevity as they are stored and maintained well. Children are able to use a broader range of equipment which will enhance lessons. Active and outdoor learning in other curriculum areas reinforces the benefits of physical activity.	Upkeep of trim trail See area 1 costs as there is an overlap. Emma Howie and Ros Abbott completed staff training for tennis and pickleball.

	• Staff provided with information on how to access resources and how to use appropriately • Risk assessments agreed by all for areas used for sports and PE. • Sporting achievements celebrated in whole school worship and on the school newsletter/facebook page. • Intra-school house competitions with results celebrated in worship. • PSHE lessons to include healthy body, healthy mind learning. • Active learning used across the curriculum – staff training for this.		
Area 3: Increased confidence, knowledge and skills of all staff in teaching PE and sport	Support for staff in delivering the PE curriculum from COMPLETE PE Key actions: • Ongoing review of curriculum • Monitoring of the quality of teaching and learning to ensure key skills are being appropriately taught within each year group and that suitable progression is in place. • Additional support for ECTs and supply staff • Ensure that resourcing is appropriate to support sessions	Staff skills in a wider range of sporting activities is improved and the quality of PE provision at is developed as a result.	Complete PE scheme: annual membership £150
Area 4 Broader experience of a range of sports and activities offered to all pupils	Membership of CSSP (Chester School Sports Partnership): Through this we benefit from staff training, play leader and sports ambassador training, a full calendar of sports events with pathways to regional competition, gifted and talented days, advice and support.	Quality of PE provision developed. Children given opportunities to participate in a broader range of sports and to provide pathways. Year 2 and year 3 children were able to take part in activities planned and delivered by Y10 sports leaders – mutual benefit.	Chester FC delivered 6 weeks of after school clubs and class sessions during the day at a cost of £540 CSSP membership £1500

	Membership of CSSA: football leagues, netball leagues, rounders, dodgeball, athletics Broaden the number of teams that are offered to children such as: Basketball, Dodgeball, Football, Tag Rugby, Cricket, Netball, Athletics, Cross –Country, Tennis, Gymnastics, Dance. Promote girls’ football and increase the opportunities for girls to play at school. SEND events. Establish/strengthen links with local sports clubs: Chester FC, Cheshire Phoenix, Warrington Wolves, West Cheshire AC, Hoole Tennis Club, Cricket clubs Develop links with the High School Sports leads. Explore the possibility of linking with apprenticeship schemes to offer / host sports lead apprenticeships, to broaden the skill set of colleagues. Ensure that all children have accessibility to sporting clubs. Promote sports through high quality PE lessons. For each class, one PE lesson to be taught by specialist PE teacher and the other lesson to be taught by the class teacher. Complete PE scheme followed. Replenish and update PE stock so that lessons are well resourced. P.E. Lead to prioritise spend on equipment.		CSSA membership £270
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	Maintain and develop our school's involvement in the School Games.		
Area 5 Increased participation in competitive sport.	For children to compete in local Netball and Football leagues. To enter teams into A, B and C team competitions. To enter SEND competitions and events. To enable children of all abilities to take part in competitions available for Chester schools: Athletics, Rounders, Cricket, Tennis, Cross Country, Netball, Basketball. To promote sporting opportunities outside school that are accessible to all. Key actions: • Preparation of children • Letters/Transport/Staffing to be arranged • Supply cover for staff attending matches/events • Sports kits maintained and new kits purchased where necessary.	Children have increased confidence and skill and are keen to compete competitively.	

Swimming Data

Meeting national curriculum requirements for swimming and water safety. N.B. Complete this section to your best ability. For example, you might have practised safe self-rescue techniques on dry land which you can then transfer to the pool when school swimming restarts. Due to exceptional circumstances priority should be given to ensuring that pupils can perform safe self-rescue even if they do not fully meet the first two requirements of the NC programme of study		% of children 98%	
What percentage of your current Year 6 cohort swim competently, confidently and proficiently over a distance of at least 25 metres?		Aut	Sum%
		71.83%	98%
What percentage of your current Year 6 cohort use a range of strokes effectively [for example, front crawl, backstroke and breaststroke]?		59.15%	98%
What percentage of your current Year 6 cohort perform safe self-rescue in different water-based situations?		76.06%	98%
Schools can choose to use the Primary PE and sport premium to provide additional provision for swimming, but this must be for activity over and above the national curriculum requirements. Have you used it in this way?	Yes, we took our Year4 and Year 5 classes for a 6 week swimming unit per class plus top up lessons for Year 6 children who had not reached the NC standard by the summer term of Year 5.		